

Practice Plus Group MSK, Buckinghamshire

Quick reference guide

Practice Plus Group MSK, Buckinghamshire

Refer all musculoskeletal conditions: Orthopaedic • Pain • Rheumatology

MSK

- If the patient requires:
 - Injection/USGI
 - An MSK Physician opinion
 - Diagnostics
- If the patient has tried physiotherapy and been unsuccessful

Physiotherapy

- First line management for acute, sub acute & chronic musculoskeletal conditions including physiotherapy, women's health, osteopathy, podiatry
- Diagnostics

Secondary Care

- If the patient requires:
 - A surgical opinion
 - Medical management under the care of a

Do not refer

- Patients requiring:
 - Orthotics
 - Neurological Physiotherapy
 - Respiratory Physiotherapy
 - Community Physiotherapy (home visit)
- Patients without a Buckinghamshire GP
- Patients under the age of 16
- Red flag patients
- Medical emergencies

Specialist triagers will assist in deciding the most appropriate place for the patient to be seen. Practice Plus Group MSK will refer within the service if appropriate.

How to refer - Please refer via the NHS e-referral service

- Please book a telephone appointment for your patient. We will make contact at this agreed time to schedule a consultation with an appropriate clinician. If direct referral to secondary care is required we will arrange this during the call.
- For physiotherapy you may directly book into an appointment with a physiotherapist

Please use the Proforma (available on our website) and provide as much detail as possible. For further assistance please call **0333 999 2586**

www.bucksmsk.nhs.uk



Practice Plus Group Diagnostics, Buckinghamshire

Quick reference guide

X-ray

Refer

- MSK
- Ches
- Facial bones
- Mandible
- Orbits
- Soft tissue neck (foreign body)

Do not refer

- Suspected cancer should be referred through the 2ww pathway
- Patients weighing over 22 stone
- Patients under age of 16

MRI

Refer

- MSK
- Head (inner ear, brain, pituitary, orbits, angiography, sinuses)
- Neck (parotids and carotids)
- Pelvis (gynae, prostate, rectum, fistula)
- MRCP (gall bladder biliary system)
- Lumps and bumps

Do not refer

- Suspected cancer should be referred through the 2ww pathway
- Contrast studies
- Breast
- Cardiac
- Patients weighing over 25 stone (subject to assessment)
- Patients under age of 16

Ultrasound

Refer

- MSK
- General abdominal
- Gynaecology
- Renal/bladder/ prostate
- Scrotal/testicular
- Lumps and bump

Do not refer

- Suspected cancer should be referred through the 2ww pathway
- Ultrasound guided procedures
- Obstetric care
- Patients unde

Scans for:

- Breas
- Cardiac imaging
- Ches
- Ophthalmology
- Vascular
- Thyroic

Echo

Refer

- Suspected heart failure based on:
 - Clinical findings (dyspnoea or peripheral oedema)
 - Abnormal ECG or abnormal chest X-ray
 - Raised BNP or NT ProBNP
- Heart murmur with cardiac symptoms
- Asymptomatic heart murmur with abnormal ECG or abnormal chest X ray
- Known valve disease
- Suspected cardiomyopathy or left ventricular hypertrophy based on clinical findings or abnormal ECG or abnormal chest X ray
- Atrial Fibrillation

Do not refer

- Patients under age of 18
- Congenital Hear Disease

How to refer

- e-RS
- Email: practiceplusgrp.bucksdiagnostics-referrals@nhs.net

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